



COURSE OUTLINE

PNG130

Prepared: Viki Nolan Approved: Bob Chapman

Course Code: Title	PNG130: NURSING THEORY II
Program Number: Name	3024: PRACTICAL NURSING
Department:	PRACTICAL NURSING
Semester/Term:	17F
Course Description:	Using a case study approach, this course will focus on health promotion disease prevention and health protection strategies for selected individuals throughout the lifespan. These concepts will be studied as they apply to individuals, families, groups and communities.
Total Credits:	3
Hours/Week:	3
Total Hours:	3
Prerequisites:	PNG115, PNG116
This course is a pre-requisite for:	PNG233, PNG234, PNG236, PNG238, PNG239, PNG240
Vocational Learning Outcomes (VLO's): Please refer to program web page for a complete listing of program outcomes where applicable.	#2. Assess clients across the life span, in a systematic and holistic manner. #3. Plan safe and competent nursing care, based upon a thorough analysis of available data and evidence-informed practice guidelines. #4. Select and perform nursing interventions using clinical judgment, in collaboration with the client and, where appropriate, the health care team, that promote health and well-being, prevent disease and injury, maintain and/or restore health, promote rehabilitation, and/or provide palliation. #9. Practise in a self-regulated, professional and ethical manner, complying with relevant legislation and with the standards of both the regulatory body and the practice setting to provide safe and competent client care.
Essential Employability Skills (EES):	#1. Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience. #2. Respond to written, spoken, or visual messages in a manner that ensures effective communication. #6. Locate, select, organize, and document information using appropriate technology and information systems. #7. Analyze, evaluate, and apply relevant information from a variety of sources.



COURSE OUTLINE

PNG130

Prepared: Viki Nolan Approved: Bob Chapman

- #8. Show respect for the diverse opinions, values, belief systems, and contributions of others.
- #9. Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- #10. Manage the use of time and other resources to complete projects.
- #11. Take responsibility for ones own actions, decisions, and consequences.

Course Evaluation:

Passing Grade: 60%,

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
. In Class Presentation	20%
Test #1	30%
Test #2	30%
Test #3	20%

Course Outcomes and Learning Objectives:

Course Outcome 1.

Using the nursing process and a case study approach, discuss health promotion, health protection strategies and safety strategies for each stage from infancy to late adulthood.

Learning Objectives 1.

Discuss the impact of lifestyle choices on health promotion and health protection (including nutrition, activity/exercise, and wellness).

Discuss the importance of culture as a factor in health promotion and health protection.

Discuss normal physical changes associated with aging throughout the life span

Discuss age-appropriate health promotion and health screening.

Discuss age-related safety issues and safety strategies.

1.1 Identify health promotion/maintenance strategies for the infancy to late adulthood periods.

1.2 Discuss the role of the practical nurse in holistic health promotion from infancy to late adulthood.

1.3 Consider the determinants of health when planning health promotion and health protection strategies

1.4 Develop a concept map and teaching plan for a common health concern for a specific age group.

Course Outcome 2.



COURSE OUTLINE

PNG130

3

Prepared: Viki Nolan Approved: Bob Chapman

Using the nursing process and a case study approach, identify health protection and safety strategies for at-risk individuals and their families from infancy to late adulthood.

Learning Objectives 2.

2.1 Discuss strategies to address age related health challenges throughout the life span from infancy to elderly client. Exemplars related to each stage of life will support discussions.

Course Outcome 3.

Describe the experience of the woman during the transition from prenatal to postpartum.

Learning Objectives 3.

Describe normal physiological changes in the pregnant woman.
Discuss the normal psychosocial concerns of the pregnant woman.
Explain the purpose for prenatal screening and diagnostic tests.
Discuss the impact of teratogens on prenatal development.
Describe normal physiological changes in the postpartum woman.
Discuss the psychosocial adaptation of the childbearing family.

3.1 Explore the scope of the role of the practical nurse during the perinatal period.

3.2 Discuss health teaching needs for the childbearing family during the antepartum, intra-partum and post-partum periods.

Course Outcome 4.

Describe the use of a functional health pattern framework in assessing families throughout the lifespan.

Learning Objectives 4.

4.1 Define family.

4.2 Describe traditional family types/changing family types.

4.3 Identify the stages of family development.



COURSE OUTLINE

PNG130

Prepared: Viki Nolan Approved: Bob Chapman

- 4.4 Discuss the impact of culture on the family.
- 4.5 Discuss frameworks utilized in family assessment.
- 4.6 Apply a framework to assess a family.
- 4.7 Discuss health promotion and health protection strategies for families.
- 4.8 Discuss the role of the practical nurse in assisting individuals to be responsible in achieving/maintaining family health.
- 4.9 Develop a health promotion/health protection plan for a family.

Course Outcome 5.

Examine adaptations to care for hospitalized pediatric patients.

Learning Objectives 5.

- 5.1 Describe the child's experience of hospitalization.
- 5.2 Discuss health care adaptations for the hospitalized child and family.

Course Outcome 6.

Discuss the concepts of grieving and loss, as a natural process in the development of an individual.

Learning Objectives 6.

- 6.1 Define grief.
- 6.2 Define loss.
- 6.3 Explore the variety of life situations in which individuals experience grief and loss.
- 6.4 Identify culturally sensitive approaches when caring for terminally ill patients and patients experiencing grief and loss.
- 6.5 Discuss principles of palliative care.
- 6.6 Describe the role of the nurse in promoting comfort for terminally ill clients.
- 6.7 Explore the role of the practical nurse in supporting clients experiencing grief and loss.
- 6.8 Describe care of the family after death.

Date:

Wednesday, August 30, 2017



COURSE OUTLINE

PNG130

5

Prepared: Viki Nolan Approved: Bob Chapman

Please refer to the course outline addendum on the Learning Management System for further information.